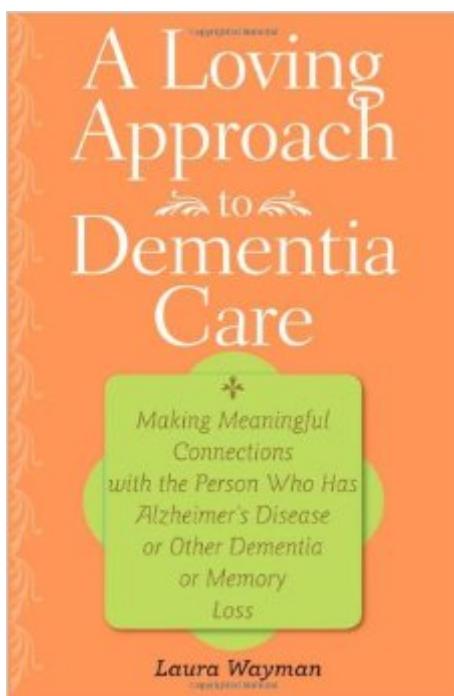


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# A Loving Approach To Dementia Care: Making Meaningful Connections With The Person Who Has Alzheimer's Disease Or Other Dementia Or Memory Loss (A 36-Hour Day Book)



## **Synopsis**

Caring for someone with dementia means devotedly and patiently doing a hundred little things each day. Few care providers are trained to meet the challenges of dementia, however. They need the guidance this book provides to overcome caregiving obstacles and cultivate more meaningful relationships with loved ones who have dementia and memory loss. Laura Wayman's program of care emphasizes communication, affirmative response, and empowerment—transforming the caregiving process from a burden into a fulfilling journey. Her true stories of caregiving illustrate the principles of this loving approach, giving readers essential tools for connecting with people who have dementia. In addition to offering valuable lessons on how to provide the best possible care, Wayman urges caregivers not to neglect themselves: take care of yourself so you will have physical and mental energy to share with your loved one. The practical tips included here will help you balance your own needs with those of your loved one, creating a more positive experience for you both. *A Loving Approach to Dementia Care* is a special guide, filled with respect, calmness, creativity—and love.

## **Book Information**

Series: A 36-Hour Day Book

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## **Customer Reviews**

I ordered this book shortly after learning a loved one has dementia. It was the first book I have ordered about the subject. I was really devastated with the news so it took my a couple of days to even open the book. I thumbed through and the first story that caught my attention was humorous

and heartwarming and honestly changed my was of approaching dementia. That night when I called my loved one and they told me they could not remember what they did that day I said, "well hey,no regrets right?! you can't say that you wish you did this or that, because maybe you did and just can't remember" and we both just started laughing. I love this book. I recommend it to anyone who has a loved one with dementia or who is caring for someone with dementia. Definitely a "Loving Approach"

I found this book incredibly helpful in working with my family and also in increasing empathy for caregiving friends and those in the health profession. It is easy to read, direct, up to date, and has very useful ideas that make not just Alzheimer care more effective but it worked in my marriage as well! Please do not hesitate to order this, it came recommended by my step-mother and everyone we have suggested it to has found it very comforting and instructive.

Good basic information for someone just trying to be better with handling increasing memory loss in a person close to you...or even a friend. I had a little previous experience, but nothing like I'm having now, so I found it quite helpful especially about the caregiver's attitude, tone and expression and its' impact on the dementia patient. My goal is to not only be more patient, but also kind. There is quite a difference between those two in my mind. Both patience and kindness will become increasingly important as the memory loss increases.

This little book is easy to read and is helpful in its suggestions in managing the care of someone who has dementia. I have already used a suggestion and I strongly suspect I will be returning to it as our situation develops.

Lots of helpful information about dementia and how to deal with the elderly who are in this state. I learned some really good tips that have helped me rethink how I react to my mother. The patients really do reflect your attitude and tone. Amazing!

A lifesaver during a difficult time when it's hard to even imagine the situations one may encounter while caring for a loved one with dementia. The information in this short book changed never ending arguments to situations that made my mother feel very loved and safe. This book explains how you can guide your loved one through their "reality" to resolve whatever is bothering them. It's easy to understand and short. I bought 4 copies to give to friends. I highly recommend it!

The shifting realities of our aging parents has been a real challenge. This wonderful book has helped tremendously with its case histories and sagely advice. I would heartily recommend it for anyone dealing with family members with progressive dementia. It is clear, concise and acts as a beacon to help you see through the darkness, and emerge enlightened.

This book reminded me of some things I knew but had forgotten and gave me a healthy perspective on interacting with the people in my life who have dementia. It was practical and realistic. I highly recommend it. Mary C.

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